

Wheel of Life – Action Plan for momentum

STEP 1 Wheel of life- Aspects of our lives	STEP 2 Current Rating 1-10 (Satisfaction)	STEP 3 Preferred Rating 1-10 (Satisfaction)	WHAT Actions you need to take to increase satisfaction (Add to Master Action List)
Family			
Self			
Time			
Friends			
Fun & Adventure			
Love			
Spirit			
Community			
Business			
Financial			
Health/Body			